

Coronavirus (COVID - 19) Information



When Can I Leave my House?

New Rules from March 31

Easy English

April 2 2020

Easy Read



Hard Words

This book has some hard words.

The first time we write a hard word

- the hard word is in blue
- we will write what the hard word means



You can get help with this book.

You can get someone to help you

- read this book
- know what it says
- find more information



The Australian government and the State and Territory governments made some new rules this week.

A **rule** is when the government tells us what we **can** and can **not** do.



The **rules** are to help **stop** the spread of **coronavirus**.

This booklet is about some of the rules.

This booklet is about



• when you can leave your house



When can I leave my house?

The government wants you to **stay at home**.

You can only leave your house for some reasons.

You can leave your house to



 go to work, but only if you can not work from home



 go to school or place of study, but only if you can not study at home



• go to the **shops** for food or medicine



go to the doctor or health centre



• exercise, like go for a walk.

You can do exercise



• with the people in your house

or



with 1 other person only

You can also leave your house to



• take a child to and from childcare



 go to a wedding. The wedding must not have more than 5 people



 go to a funeral. The funeral must not have more than 10 people



look after a sick person or a person who needs
 help



• help a person in an emergency



• move house or look at a new place to live



• give blood



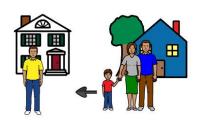
go to court



 visit support services, like Centrelink or mental health services



get out of your house, if a person in the house is
 not safe to be with



If you have children that live between 2 houses

your children live with **you** sometimes and live with their **other parent** or family sometimes,

they can still move between the houses.

You must not leave your house to do things like



• go on holiday



 have a party or barbecue at your friend's house or in a public place



 eat in a café or restaurant. Food places are open for takeaway food only.



 play in a playground. All playgrounds are closed.





people you live with

or



• 1 other person



More than **2** people together is **not** allowed.



If you do **not** follow the rules, you may get a **fine**.

A **fine** is money you must pay to the government if you do not follow the rules.

The fine in the ACT is **\$8000**.



Remember, if we all follow the rules, we can stop the spread of coronavirus.



For more information about the new rules from the government, go to

ACT

http://www.covid19.act.gov.au/



NSW

https://preview.nsw.gov.au/covid-19

Australia

https://www.health.gov.au/



For more information about coronavirus, call





1800 020 080

You can call any time, day or night.

Advocacy for Inclusion wrote the Easy English

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